







Pickled Carrots

INGREDIENTS

- 1 carrot, peeled and julienned
- ½ tsp salt
- 150ml rice vinegar
- 150ml white vinegar
- 112g white sugar







Cooking Time: 5 min

METHOD

- 1. In a medium saucepan, combine both vinegars, sugar and salt. Bring to the boil, and stir until sugar is dissolved. Remove from heat, and allow to cool slightly.
- 2. Place the carrots into a container, cover with the vinegar solution, and refrigerate for a minimum of 30 minutes. This can also be done overnight.
- 3. Strain when ready to use.













