





Beef Carpaccio

INGREDIENTS

- 300g well-trimmed dry aged beef fillet
- 1 lemon
- 4 tbsp good quality olive oil
- 2 tbsp balsamic vinegar
- 40g capers (rinsed)
- 2 green shallots (finely sliced)
- Salt and freshly ground White pepper, to taste



Prep Time: 15 min

Cooking Time: 0 min

METHOD

- 1. Refrigerate the meat until well chilled.
- 2. Remove the meat from the refrigerator. Using a razor-sharp knife, slice the meat paper-thin.
- 3. Arrange the meat slices divided onto 4 sheets on baking paper. Place another sheet of baking paper on top of the meat (4 more sheets)
- 4. Using a rolling pin, begin to roll the meat out thin (make sure you reference the plate size, so that you don't make it too big).
- 5. Remove the top sheet of baking paper and flip onto flat plates (4 flat plates), peel off the other piece of baking paper.
- 6. Drizzle with olive oil and season with salt and pepper. Splash balsamic vinegar onto carpaccio and top with capers, shallots, and parmesan.
- 7. Finish with freshly squeezed lemon juice, serve immediately.



ſ



